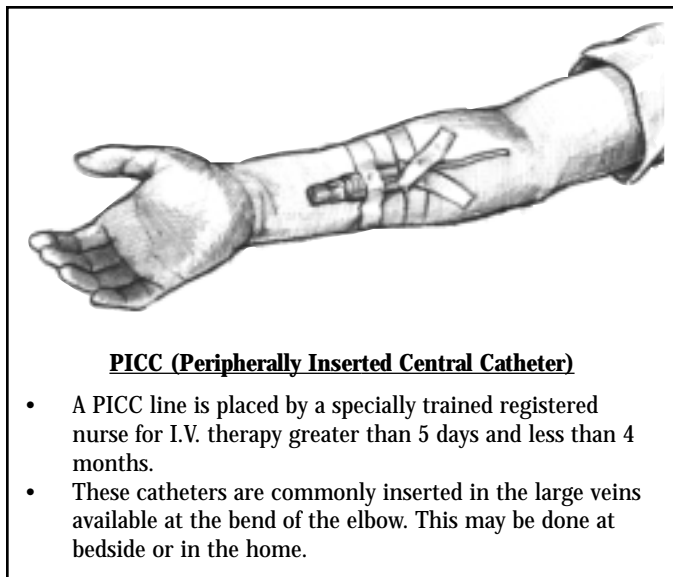


PICC DRESSING CHANGE AND MANAGEMENT PROCEDURE

A. PICC Dressing Change

1. Wash your hands
2. Gather your supplies on a clean work area
3. Put on mask and non-sterile gloves and give patient a mask or have him turn away from site
4. Remove old dressing carefully peeling the clear plastic dressing off from the edge closest to the patient's hand up towards the shoulder (leave sterile strips in place)
5. Measure and record the external catheter length (note catheter migration, defects, complication); remove non-sterile gloves
6. Open sterile dressing kit and drop sterile strips into sterile field
7. Put on sterile gloves
8. Cleanse a 4" x 4" area surrounding the PICC with 3 alcohol swabsticks wiping in a circular motion from center towards outside
9. Cleanse a 4" x 4" area surrounding the PICC with 3 Betadine swabsticks and allow to dry
10. Assess the site and arm at this time for redness, swelling, edema, drainage, color or temperature change (record complications promptly)
11. Secure catheter hub with sterile strips leaving the PICC in a question mark shape
12. Apply transparent dressing and secure extra tubing with tape to prevent dislodgement
13. Measure and record upper arm circumference



B. PICC Management

1. Assess site daily in maintaining or prior to each medication dose
 - Note color and temperature of arm and site
 - Report pain at site, arm or neck
 - Report any changes/complications to Horizon Healthcare Services nurse
 - Take vital signs as ordered, note and report elevated temperature
2. When not in use, flush PICC line with 5cc Heparin every day
3. Change dressing once per week
4. Change cap and any extensions once per week

For any questions or concerns, call your home IV nurse according to the instructions your nurse has given you. Horizon Healthcare Services can also be reached 24 hours a day at (717) 290-3590 or toll free at (800) 848-3204